# TABLE OF CONTENTS

**SISSEL® Wordwide**  4-5  
**SISSEL® Sales Tools**  6-7

## TENSION-FREE SLEEP
- SISSEL® Orthopedic Pillows  9  
- SISSEL® Orthopedic Pillow Soft  10  
- SISSEL® Orthopedic Pillow Soft Plus  10  
- SISSEL® Orthopedic Pillow Deluxe  11  
- SISSEL® Orthopedic Pillow Bambini  11  
- SISSEL® Orthopedic Pillow Classic  12  
- SISSEL® Orthopedic Pillow PLUS  12  
- SISSEL® Comfort+  13  

## HEALTHY SITTING
- SISSEL® Sit Ring  15  
- SISSEL® SITFIT® Plus  16  
- SISSEL® SITFIT® & SISSEL® SITFIT® Plus Covers  16  
- SISSEL® SITFIT® Plus Junior  17  
- SISSEL® SITFIT®  17  

## FIT AND IN SHAPE
### BALLS & FITNESS
- SISSEL® Fitness Toning Ball  19  
- SISSEL® Exercise Loop  20  
- SISSEL® Sport-Swing  20  
- SISSEL® Securemax® Ball & SISSEL® Securemax® Ball Professional  21  
- Accessories for Exercise Balls  22  
- ThermalSoft® Hot and Cold Packs  23  
- Polar Frost Analgesic Cold Gel  23  
- SISSEL® Professional Suspension Trainer  24  
- SISSEL® Gym Mat Professional  25  
- SISSEL® Gym Mat  25  

### BALANCE
- SISSEL® Balancefit Pad & SISSEL® Balancefit Pad large  26  
- SISSEL® Balance Board  26  
- SISSEL® Balancefit®  27  
- SISSEL® Spiky Dome  27  

### TAPING & HAND THERAPY
- SISSEL® Kinesiology Tape  28  
- SISSEL® Press-Balls & SISSEL® Press-Eggs  29  
- SISSEL® Hand Grip  29  

### SISSEL® PILATES
- SISSEL® Pilates Circle  31  
- SISSEL® Pilates Toning Ball  32  
- SISSEL® Pilates Soft Ball  32  
- SISSEL® Pilates Core Trainer  33  
- SISSEL® Pilates Socks  33  
- SISSEL® Pilates Roller Pro  34  
- SISSEL® Pilates Roller Pro Soft  34  
- SISSEL® Pilates Roller Head  35  
- Align Dynamic  35  
- SISSEL® Pilates Roller Pro Anatomic  35  

### MASSAGE
- SISSEL® Spiky Twin Roller  36  
- SISSEL® Spiky-Ball  36  
- SISSEL® Acupressur Mat  37  

### PORTABLE PRODUCT LINE
- SISSEL® Basic & Robust Portable Massage Table  39  

---

Copyright © 2014 by Mettler Electronics Corp.—Anaheim, CA
The natural way of Sweden
SISSEL® WORLDWIDE – A PHILOSOPHY FROM SWEDEN

The story began in Sweden more than 25 years ago with an orthopedic pillow… which has successfully captured the world market.

The Swedish original was invented in 1986 by a native Swede who set about looking for a natural, effective way to fight her neck pains – the SISSEL® pillow was born and a philosophy made its way.

Many experts from therapy, hospitals and rehabilitation applied the pillow and the successful function of an anatomically shaped neck pillow reflects in many current clinical studies. Nowadays, the unique shape of the original SISSEL® pillow is still a central feature of our sleeping pillows and is eternalized in the company logo.

Over the years, with the help and constructive input of therapists, health product specialists and consumers, we have established a comprehensive range of superior fitness, wellness and healthcare products. From healthy sleeping and sitting to vitalizing fitness and relaxing massage, from soothing hot-cold therapy to portable treatment devices – the comprehensive SISSEL® range offers a large variety of products for different target groups. Always sticking to the SISSEL® philosophy of "The natural way".

A few years ago, believing in the high potential of the Pilates method, we introduced a special range of high-quality products and fitness equipment for the Pilates body & mind training. Thus, contributing to the increasing popularity of Pilates training in Europe.

In cooperation with international partners and leading producers in the healthcare and therapy sector, we are constantly in search of new approaches and innovations. With their expertise and support, we continuously broaden and refine our product range in order to contribute to and maintain the long-term success of our partners and customers.

Now, we are one of the leading suppliers of healthcare solutions in Europe. More than 500,000 therapists, healthcare specialists and professionals as well as millions of consumers trust in our products, more than two thirds of which are still manufactured in Europe (mainly Sweden and Germany). Furthermore, where required, all products are CE approved. With the help of international partners, we have established a worldwide distribution network permitting SISSEL® products to become available in over 40 countries. And the number is constantly growing.

For our SISSEL® partners, we offer a wide range of services and tools to contribute to their success: approved concepts for their start, expert advice prior, during and after realization, first-class service and many more. In addition, all our distributors worldwide have access to our ready-to-use marketing and internet tools: a vast range of catalogs, posters, consumer and product brochures which help to boost sales and are easy to adapt to national needs. Special sales tools for selected products further help to attract customers’ interest, provide information and even haptic experiences. Furthermore, most SISSEL® products are delivered in attractive packagings. Everything our partners need for a flourishing business from one source.

For further information about SISSEL® healthcare, fitness and wellness products and Pilates equipment visit our website: www.sisselshop.com.
Naturally Swedish...
With the fresh, natural design of our catalogs and marketing tools, we cherish our Swedish roots, where the success story began. Clear, Nordic images made in Sweden emphasize “the natural way” in our philosophy and product range.

SISSel® – The natural way of Sweden: healthy sitting, sleeping and moving.

The SISSel® Advantage:
25 years of SISSel® quality “The natural way”

Trust in the “SISSel® warranty” we give you on the entire SISSel® product range:
- 25 Years of experience, which sets standards
- Naturally healthy functioning of sissel® products
- 5 Year guarantee on shape retention of all SISSel® neck pillows
- High-quality manufacturing, highest quality standards
- Environmentally friendly production, predominantly in Europe (Sweden and Germany)
- Selected, sustainable materials
- Continuous quality control, maximum innovation

FOR FURTHER INFORMATION ABOUT SISSel® HEALTHCARE, FITNESS AND WELLNESS PRODUCTS AND PILATES EQUIPMENT VISIT OUR WEBSITE: WWW.SISSELSHOP.COM
PROFESSIONAL PRESENTATION - WITH SISSEL®

Leave a lasting impression on your customers and show what you have to offer! With the SISSEL® marketing concept you increase your sales and your image. Profit from our vast pool of attractive, ready-to-use advertising and marketing tools in a natural Swedish layout: catalogs, posters, banners, displays, customer and product brochures generate interest and boost sales. Moreover, almost all SISSEL® products are delivered in an eye-catching, four-color packaging with description in 8 languages and EAN code.

A perfectly matched marketing concept for maximum success!

CREATE YOUR SISSEL® THEME WORLDS!

6 theme worlds which set creative accents: From healthy sitting and sleeping to vitalizing fitness and relaxing massage, from Yoga and Pilates and soothing hot-cold therapy to health for mother and child we offer you a comprehensive range of sustainable high-quality products in an attractive design.

Strikingly innovative, convincingly good. It can’t be overlooked!

CREATE YOUR SISSEL® WAITING AREA!

A pleasant area for waiting. Turn your waiting area into a SISSEL® experience world and easily attract your customers’ interest. The SISSEL® marketing and promotion tools provide the perfect base for your success. Try it out!

Whether floor display, banner display or product-specific promotion solutions - it’s your choice!
We are also happy to assist you in your sales room or shop window decoration with attractive sales tools in a natural Swedish design.

Sales displays, poster, brochures and packaging generate your customers’ interest, boost your sales success and strengthen your positioning in the healthcare market.

Convey your professional expertise - with SISSEL® products which literally “move” the consumer.

You can find more information about the SISSEL® marketing concept and the entire marketing program in the brochure “Professional Presentation”. Ask for your free copy now!

Most SISSEL® products are available in an attractive 4-color packaging with descriptions in 8 languages, EAN code and QR code referring to an application oriented video or a website with further product information.
TENSION-FREE SLEEP
COMFORTABLE REST
Neck problems and transferred neck pain

Extract from a study by Hugh Smythe, MD, University of Toronto

Pains coming from the neck are frequent. However, most of them are misdiagnosed as the symptoms are perceived somewhere else. Due to thrust and pressure forces in the lower cervical spinal column, the pain is transmitted resulting in the brain drawing false conclusion concerning the localisation of the injury. Repeated damages, especially while sleeping, delay the recovery. An effective treatment requires reliable support of the lower cervical spinal column during the entire night – every night.

Because healthy sleep is essential – making you forget stressful days and enhancing relaxation. If you do not get the necessary recovery, the consequences are serious: tension headaches, inner restlessness and physical as well as mental loss of power. Therefore, you should act in advance. With the SISSEL® Orthopedic Pillows, your sleep will be quiet and relaxed again.

For more information, ask for the entire study.

Why a SISSEL® Pillow?

The shape, quality and design, tried and tested for over 25 years!

All SISSEL® Pillows provide specific support for the lower cervical spine. The whole shoulder and neck area is supported. The pillow’s unique tapering between the shoulder and spine fills the space between them and gently moves the spine into an anatomically correct position. The slight stretching feeling in the neck and spine can feel unusual to start with as the body needs a little time (2 to 14 nights) to re-adjust to a natural healthy sleep and become used to lying on an original, anatomically shaped SISSEL® Pillow.

The SISSEL® Pillow Plus and Classic are made of polyurethane foam which has a high support factor. The SISSEL® Pillow Soft, Soft Plus, Deluxe and Bambini are made of visco-elastic foam which is much softer. All the pillows are hand washable. More benefits can be found in the detailed product descriptions.

Satisfaction guaranteed:
5 year SISSEL® guarantee

Convincingly good: For more than 25 years, the SISSEL® brand has been representing highest quality and customer value. That’s our rule of thumb. You can take our word for it. And therefore, we grant a five years warranty on the shape stability of all SISSEL® Orthopedic Pillows, SISSEL® Medi Support, SISSEL® Sit Special 2 in 1, SISSEL® Sit Ring and SISSEL® Back. Because we are certain that our products live up to what they promise!

Each product is carefully selected and produced under the highest quality standards, exclusively in Sweden, the origin of the SISSEL® brand. Environmentally conscious production techniques, the use of sustainable materials and maximum innovation included. That’s the “Swedish Difference”, which makes our products special.

SISSEL® - The natural way of Sweden: healthy sitting, sleeping and moving.
Pressure relieving pillows (visco-elastic foam)

Pillows made of pressure relieving foam absorb pressure and transfer it downwards to the interior. The foam adjusts slowly to any shape and the pillows are recommended for use in cases of health problems with pressure sensitive muscles.

Recommended for:
- Acute problems with neck and back muscles
- Pressure sensitive muscles
- A specific support for neck, back and shoulder problems

The material responds only slightly to energy applied to it, clearly demonstrating the pressure relieving effect of the visco-elastic foam.

SISSEL® Orthopedic Pillow Soft

Gentle sleep and soft support!
- Combines the advantages of the millionfold proven classical SISSEL® shape with the benefits of visco-elastic foam
- The increased isolated pressure distribution together with slightly reduced support or correction intensity makes it the ideal pillow for sensitive neck patients
- Due to its delayed elasticity effect, the pillow slowly adjusts to any shape
- No matter how head and shoulders turn at night, your spine is always softly supported
- Includes velour cover (80% cotton/20% polyester, ivory, washable at 40° C)
- Size: M ~47 x 33 x 11 cm
  L ~47 x 33 x 14 cm

Two covers for better protection of the visco-elastic special foam:
- Cotton protection cover
- Velour pillow cover with zipper, ivory

Our special foam’s delayed elasticity effect.

SISSEL® Orthopedic Pillow Soft Plus

- Description see sissel® soft
- Adjustable in height by adding or removing the vario pad
- Includes velour cover (80% cotton, 20% polyester, ivory, washable at 40° C)
- Size: ~47 x 33 x 11/14 cm

Item Number | Description
--- | ---
110.021 | SISSEL® Orthopedic Pillow Soft Plus, includes ivory pillow cover
110.001.01 | Extra pillow ivory velour cover, size L
110.001.03 | Extra pillow white cotton cover cotton, one size

Customer brochure “SISSEL® Orthopedic Pillow Soft” available.

You can find more information about the SISSEL® marketing tools in the brochure “Professional Presentation™”. Ask for your free copy now!

Item Number | Description
--- | ---
110.011 | SISSEL® Orthopedic Pillow Soft, size L, includes ivory pillow cover
110.020 | SISSEL® Orthopedic Pillow Soft, size M, includes ivory pillow cover
110.001.01 | Extra pillow ivory velour cover, size L
110.001.02 | Extra pillow ivory velour cover, size M
110.001.03 | Extra pillow white cotton cover, one size
**SISSEL® Orthopedic Pillow Deluxe**

*The wider pillow, adjustable in height!*
- 16 cm wider than the sissel® orthopedic pillow plus
- Made from visco-elastic foam
- Adjustable in height by adding or removing the vario pad
- Comes with luxurious satin cover (100% cotton, washable at 40° C)
- Size: ~63 x 33 x 10/12 cm

**SISSEL® Orthopedic Pillow Bambini**

*The bambini version of the proven SISSEL® Orthopedic Pillow Soft!*
- For children four years and up
- Supports a correct neck position
- With colorful cover (100% cotton, washable at 40° C)
- Size: ~35 x 25 x 9 cm
- Pillow core washable by hand
WHICH PILLOW?

Pillows with active support (polyurethane foam)

These pillows with active support are made of polyurethane foam which provides active support and a firmer corrective positioning. The standard choice for adults, tried and tested a million times!

Recommended for:
- Neck/shoulder tension
- Restless sleep

SISSEL® Orthopedic Pillow Classic

Our standard orthopedic neck pillow!
- Includes velour cover (80% cotton/20% polyester, ivory, washable at 40°C)
- Size: ~47 x 33 x 14 cm

SISSEL® Orthopedic Pillow PLUS

A PLUS for your neck!
- Especially suited to relieve vertebrae and intervertebral discs
- Adjustable in height by adding or removing the vario pad
- Includes velour cover (80% cotton/20% polyester, ivory, washable at 40°C)
- Size: ~47 x 33 x 11/14 cm

The unique edge of all SISSEL® Orthopedic Pillows guarantees ideal support of your shoulder when in a lateral position, thus relieving vertebrae and intervertebral discs.

One pillow for all patients!
Adaption to all shoulder widths, neck lengths and individual rest preference due to Vario Pad.

Ventilation system for ideal sleep climate! More than 90 ventilation channels prevent unpleasant heat pockets.

Table:

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>110.004</td>
<td>SISSEL® Orthopedic Pillow Classic, large, includes ivory pillow cover</td>
</tr>
</tbody>
</table>

Table:

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>110.001</td>
<td>SISSEL® Orthopedic Pillow PLUS, includes ivory pillow cover</td>
</tr>
</tbody>
</table>
SISSEL® Comfort

Optimal positioning for all ages!
- Ideal aid for positioning and care of the elderly
- Perfect for daily relaxation and support of babies and adults
- Use for nursing – takes the strain off arms and shoulders
- During or immediately after pregnancy individual body parts (especially abdominal wall and perineum) can be specifically relaxed while resting in a supine or lateral position
- Cotton covers available
  - Size: ~195 x 35 cm
  - With practical fleece bag with zipper

Filler material:
- our polypropylene pillow – washable up to 95° C, ~1.2 kg, with zipper for refilling, no loss of volume due to multiple shock resistance of the slightly larger beads, filling received a “recommendable” rating by “Ökotex” magazine, very suitable to use in hospitals, nursing homes and therapy

Different covers available:
Cotton covers (100 %)

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>170.014</td>
<td>SISSEL® Comfort, filler material: polypropylene, without cover</td>
</tr>
<tr>
<td>170.019</td>
<td>Cotton cover, hibiscus</td>
</tr>
<tr>
<td>170.020</td>
<td>Cotton cover, starfish</td>
</tr>
<tr>
<td>170.021</td>
<td>Cotton cover, ornament</td>
</tr>
</tbody>
</table>

Stable positioning of babies in supine or lateral position - babies feel safe and secure.

Product brochure “Mother & child” available.

You can find more information about the SISSEL® marketing tools in the brochure “Professional Presentation.”

Ask for your free copy, now!
HEALTHY SITTING
GENTLE RELIEF
**SISSEL® Sit Ring**

Pleasant and pressure-free sitting anywhere!
- Everyday sitting support
- For local pressure relief
- Use when suffering from obstructed sitting especially after surgeries of the perineum, anal lesions, hemorrhoids or during or after pregnancy
- Material: polyurethane foam, maintains its shape, hypo-allergic and flame-resistant
- Comes with eudermic 100% cotton terry cover, machine-washable

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>121.017</td>
<td>SISSEL® Sit Ring, includes terry cover, round, white</td>
</tr>
</tbody>
</table>

**Attractive sales tool available!**

**SISSEL® Floor Display**

For value presentation of your SISSEL® products. Each display set contains.
- 1 Corpus, 3 shelves, 2 top boards duplex printed with different motives (sleeping/sitting, fitness/general motif)
- Plastic palette
- Transport box
- Size: ~55 x 38 x 180 cm

You can find more information about the SISSEL® marketing tools in the brochure “Professional Presentation”. Ask for your free copy now!
SISSEL® SITFIT® Plus

Active sitting with 2 in 1 function!
- Perfect combination of sitting wedge and air filled sitting pad
- Ergonomically enhanced shape provides optimal ensemble of active sitting and outstanding sitting comfort
- Active and dynamic sitting relieves upper body and works back muscles without exercising
- Enhances an upright posture
- Also suitable to exercise musculature of back and pelvic floor
- With pump for individual pressure regulation
- Handles weights up to 150 kg
- Latex-free
- Available in three colors
- Ø ~37 cm, one size for teens and adults
- Option: velour cover (80% cotton/20% polyester), available in 7 colors

Thigh rest in the front:
- Stabilized sitting due to thigh rest
- Suitable for long sitting intervals

Round side in the front:
- Active and dynamic sitting
- Suitable for short sitting intervals and exercises

Customer brochure “Are you sitting correctly” available.
You can find more information about the SISSEL® marketing tools in the brochure “Professional Presentation”. Ask for your free copy now!

SISSEL® SITFIT® & SITFIT® Plus Covers

- Velour cover
- Available for SISSEL® SITFIT®, ø ~33 cm and 36 cm, and SISSEL® SITFIT® Plus/junior
- Material: 80% cotton, 20% polyester, washable at 60° C
- Available in 7 colors: brown, blue, burgundy, green, gray, orange, black (SISSEL® SITFIT® Plus Junior available in 3 colors: yellow, orange, turquoise)
**SISSEL® SITFIT® Plus Junior**

It’s never too early for healthy sitting!
- The SISSEL® SITFIT® Plus Junior perfectly works your back muscles during long sitting periods in front of the PC, when studying or doing your homework.
- Available in 3 colors.
- Ø ~33 cm

For further information see SISSEL® SITFIT® Plus.

---

**SISSEL® SITFIT®**

A way to work your back – without actively exercising!
- Exercises muscles of back and pelvic floor.
- Builds foot and leg muscles.
- Relieves upper body and builds back musculature.
- Can also be used as active, dynamic sitting aid.
- Valve permits pressure variation, individually adjustable.
- Ø ~33 cm or 36 cm.
- Option: velour cover, available in 7 colors.

---

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>160.201</td>
<td>SISSEL® SITFIT® Plus junior, red</td>
</tr>
<tr>
<td>160.204.02</td>
<td>Cover SISSEL® SITFIT® Plus junior, velour, orange</td>
</tr>
<tr>
<td>160.204.08</td>
<td>Cover SISSEL® SITFIT® Plus junior, velour, yellow</td>
</tr>
<tr>
<td>160.204.09</td>
<td>Cover SISSEL® SITFIT® Plus junior, velour, turquoise</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>160.100</td>
<td>SISSEL® SITFIT®, Ø ~33 cm, red</td>
</tr>
<tr>
<td>160.103</td>
<td>SISSEL® SITFIT®, Ø ~33 cm, black</td>
</tr>
<tr>
<td>160.104</td>
<td>SISSEL® SITFIT®, Ø ~33 cm, blue</td>
</tr>
<tr>
<td>160.110</td>
<td>SISSEL® SITFIT®, Ø ~36 cm, red</td>
</tr>
<tr>
<td>160.113</td>
<td>SISSEL® SITFIT®, Ø ~36 cm, black</td>
</tr>
<tr>
<td>160.114</td>
<td>SISSEL® SITFIT®, Ø ~36 cm, blue</td>
</tr>
<tr>
<td>160.104.01</td>
<td>Cover SISSEL® SITFIT® Ø ~33 cm, velour (-01) blue, (-02) orange, (-03) burgundy, (-04) gray, (-05) green, (-06) brown, (-07) black</td>
</tr>
<tr>
<td>160.114.01</td>
<td>Cover SISSEL® SITFIT® Ø ~36 cm, velour (-01) blue, (-02) orange, (-03) burgundy, (-04) gray, (-05) green, (-06) brown, (-07) black</td>
</tr>
</tbody>
</table>

Covers available in 3 colors.

Covers available in 7 colors.
FIT & IN SHAPE
HEALTHY MOVING,
BLISSFUL RELAXATION
Many SISSEL® Health Products come with information videos showing how they can be used. They provide insight into the range of applications, how the products operate, or training possibilities. Motivating, inspiring and informative.

Scan the QR code and immerse yourself in the natural Swedish SISSEL® Health World.

Note: QR codes can be found on the packaging of many SISSEL® products.

**SISSEL® Fitness Toning Ball**

The mobile toning ball with sturdy straps!
- Effective toning of upper body, arms and legs
- Small, convenient and ready to use
- For fitness, aerobics, pilates and core training
- With individually adjustable straps for perfect fit and relief of joints
- Flexible alternative to weight cuffs
- Rugged filling with fine sand
- Set of 2
- Available in 2 colors and 2 weights:
  - purple — ~ 500 g,
  - red — ~ 1,000 g each

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>310.032</td>
<td>SISSEL® Fitness Toning Ball, purple, ~ 500 g, set of 2</td>
</tr>
<tr>
<td>310.033</td>
<td>SISSEL® Fitness Toning Ball, red, ~ 1,000 g, set of 2</td>
</tr>
</tbody>
</table>
**SISSEL® Exercise Loop**

**A well-rounded tool for your fitness!**

- Ideal aid for progressive muscle build-up in fitness and rehabilitation
- For a wide range of applications: group and personal training, aqua gym and senior fitness
- Small, convenient and ready to use
- Ideal fitness aid for travelling
- Set of 2: 1 light for muscle build-up (yellow), 1 strong for fitness training and toning (green)
- Size: ~ 5 cm x 33 cm
- With exercise instruction

---

**SISSEL® Sport-Swing**

**The multifunctional fitness bar for dynamic core exercises!**

- Designed to specifically build-up trunk musculature, for cardio and strength training, motion exercises, training of deep musculature and to improve posture and coordination
- Specially developed for professional use in sports and fitness
- Ergonomically shaped handle for convenient usage and safe grip
- High-quality, anti-slip handle and end pieces made from silicone rubber – odorless
- Extremely rugged bar with perfectly tuned vibration action
- Length: ~ 150 cm
SISSEL® Securemax® Exercise Ball & SISSEL® Securemax® Exercise Ball Professional
Ideal for total body conditioning!
• Noticeably relieves spine and strengthens back musculature
• Encourages correct sitting
• A proven medical device in physiotherapy
• Use to sit on at home or school
• Including exercise poster
• Surface has a pleasant, friendly to the touch structure, extremely resistant to abrasion
• Contains CITROFOL® BII, a PVC softener based on renewable resources

The Securemax® System:
For your safety – when punctured, the ball will not burst but lose air gradually.

SISSEL® Securemax® Exercise Ball:
• Burst-proof up to 130 kg dynamic weight
• Sizes: ø ~ 45 cm, 55 cm, 65 cm or 75 cm
• Available in 4 diameters and 3 colors

SISSEL® Securemax® Exercise Ball Professional:
• Burst-proof up to 165 kg dynamic weight
• Sizes: ø ~ 55 cm, 65 cm and 75 cm

Item Number Description
160.008 SISSEL® Securemax® Exercise Ball, Ø 45 cm, blue-purple
160.013 SISSEL® Securemax® Exercise Ball, Ø 55 cm, blue-purple
160.011 SISSEL® Securemax® Exercise Ball, Ø 55 cm, red
160.010 SISSEL® Securemax® Exercise Ball, Ø 65 cm, blue-purple
160.009 SISSEL® Securemax® Exercise Ball, Ø 65 cm, red
160.012 SISSEL® Securemax® Exercise Ball, Ø 65 cm, silver
160.015 SISSEL® Securemax® Exercise Ball, Ø 75 cm, blue-purple
160.014 SISSEL® Securemax® Exercise Ball, Ø 75 cm, silver

Product brochure
“The natural way” available.
You can find more information about the SISSEL® marketing tools in the brochure
“Professional Presentation”
Ask for your free copy now!
Accessories

**SISSEL® Stabilizer** – for a safe workout! Holds the ball in place also when not used. Offers a safe base for pre-birth exercising (Lamaze classes etc.). Made from high-quality polypropylene.

The ultra strong **Hand Pump** – even works in case of strong counter pressure.

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>160.016</td>
<td>SISSEL® Stabilizer, Ø ~ 45 cm, quadripartite, blue</td>
</tr>
<tr>
<td>160.018</td>
<td>Hand Pump</td>
</tr>
</tbody>
</table>

Which size is right for me?

Measure the length of your arm from shoulder to hand. This measurement roughly corresponds to the required minimum diameter. Always choose the ball slightly larger in diameter!
**Polar Frost® Analgesic Cold Gel**

**Polar Frost® Cold Gel from Finland**
- Specially formulated to provide soothing relief for soft tissue injuries, stress injuries, muscle tension, inflammation and stiffness.
- Aloe Vera has an anti-inflammatory effect and it keeps the skin smooth and moist throughout treatment.
- Polar Frost® is available in a variety of sizes that includes a roll-on bottle for fingers-free application.
- Massage a thin layer of Polar Frost Cold Gel into the painful area.
- Repeat application every three hours for 3-5 days, as needed.
- Polar Frost® absorbs fast and works quickly.

**Indications**
- Arthritis pain
- Neck and back pain
- Foot, heel and bunion pain
- Knee pain
- Muscle pain
- Shoulder pain

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1881</td>
<td>Polar Frost®, pump bottle</td>
</tr>
<tr>
<td>1882</td>
<td>Polar Frost®, tube</td>
</tr>
<tr>
<td>1883</td>
<td>Polar Frost®, roll-on</td>
</tr>
<tr>
<td>1884</td>
<td>Polar Frost®</td>
</tr>
<tr>
<td>1885</td>
<td>Polar Frost®</td>
</tr>
<tr>
<td>1886</td>
<td>Polar Frost® sample packages</td>
</tr>
</tbody>
</table>

**ThermalSoft® Hot and Cold Packs**

**Soothing heat or cold after fitness or therapy sessions!**
- Double Wall construction for durability
- Softer and more durable than most other hot/cold packs.
- Can do both hot and cold from the same pack.
- Microwave for heat therapy.
- Freeze for cold therapy.
- ThermalSoft® Gel Packs stay soft, even at freezer temperatures
- Retains hot or cold therapeutic benefits for extended periods of time.
- Large gel pieces mold to your body.
- One-year warranty
- Comes in four sizes

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>9831</td>
<td>Standard Gel Pack, 28 cm x 36 cm</td>
</tr>
<tr>
<td>9832</td>
<td>Half Size Gel Pack, 19 cm x 28 cm</td>
</tr>
<tr>
<td>9833</td>
<td>Cervical Gel Pack, 58 cm x 20 cm contour</td>
</tr>
<tr>
<td>9834</td>
<td>Extra Large Gel Pack, 28 cm x 53 cm</td>
</tr>
</tbody>
</table>
**SISSEL® Professional Suspension Trainer (SISSEL® PST)**

The new dimension of a total body workout!
- Ideal aid to exercise thighs, buttocks, abdominals and upper arms
- Perfect for a total body workout
- Also suitable for stretching and stabilization
- Improves core stability in every exercise
- Use for post-rehab muscle build-up and mobilization exercises
- Made for home-use and to go
- With stainless steel safety lock for one step length adjustment
- One of a kind padded loops
- Hygienic, easy-grip handles
- Heavy-duty safety straps
- Weight: ~ 930 g
- Handles weights up to 125 kg
- Made in Germany
- With exercise DVD in English and German and carry bag

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>162.110</td>
<td>SISSEL® Professional Suspension Trainer, incl. exercise DVD</td>
</tr>
<tr>
<td>162.111</td>
<td>Wall/ceiling attachment for SISSEL® Professional Suspension Trainer</td>
</tr>
</tbody>
</table>

Optional: wall/ceiling attachment
**SISSEL® Gym Mat Professional**

Our softer gym mat – optimal balance between shock absorption and pressure distribution for floor exercises!

- Solid surface for better hygiene
- Skin-friendly, warm
- Anti-slip
- Made from sturdy nbr-foam for optimal pressure resistance and durability in professional use
- Extremely tear-resistant, rugged
- Rolls out flat
- Sizes: ~ 180 x 60 x 1.5 Cm (including packaging)
- Optional: carry bag (up to 60 cm width)

**SISSEL® Gym Mat**

The optimal exercise mat for sports and fitness as well as home use!

- Skin-friendly, warm
- Hygienic, easy to clean
- Handy and easy to roll up
- Anti-slip, rugged
- Optimal shock absorbing qualities
- Improved high-quality foam for better pressure resistance
- Modern wave structure with rounded edges
- Size: ~ 180 x 60 x 1.5 Cm
- Optional: carry bag

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>200.011.1</td>
<td>SISSEL® Gym Mat Professional, red, 180 x 60 x 1.5 cm</td>
</tr>
<tr>
<td>200.010.015</td>
<td>Carry Bag for SISSEL® Gym Mat Professional, 180 x 60 x 1.5 cm</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>200.001</td>
<td>SISSEL® Gym Mat, blue, 180 x 60 x 1.5 cm</td>
</tr>
<tr>
<td>200.002</td>
<td>SISSEL® Gym Mat, red, 180 x 60 x 1.5 cm</td>
</tr>
<tr>
<td>200.010.015</td>
<td>Carry Bag</td>
</tr>
</tbody>
</table>

Available in 2 attractive colors.
**SISSEL® Balancefit Pad & SISSEL® Balancefit Pad large**

**Ideal balance training!**
- Trains coordination and reaction
- For stability exercises
- Training of motor functions to maintain proper balance
- For inside, outside, water use
- Textured, appealing surface for increased safety
- With anti-slip coating
- Material: TPE (thermoplastic elastomer)
- Available in 2 sizes:
  - SISSEL® Balancefit pad: ~ 50 x 41 x 6 cm, weight: ~ 0.6 kg
  - SISSEL® Balancefit Pad large: ~ 95 x 41 x 6 cm, weight: ~ 1.1 kg
- Handles weights up to 150 kg

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>162.040</td>
<td>SISSEL® Balancefit Pad, marble-blue</td>
</tr>
<tr>
<td>162.041</td>
<td>SISSEL® Balancefit Pad large, marble-blue</td>
</tr>
</tbody>
</table>

**SISSEL® Balance Board**

**For balance and proprioceptive exercises!**
- Improves coordination and motor functions
- Strengthens core muscles
- Improves concentration
- Handles weights up to 100 kg
- Material: washable hard plastic
- Size: ø ~ 37 cm, 8 cm high

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>162.051</td>
<td>SISSEL® Balance Board</td>
</tr>
</tbody>
</table>

**The maxi-version – extra large!**

**Sturdy material**

**marble-blue coloring**

**Exercise poster included**
SISSEL® Balancefit

Multifunctional training device to improve balance, physical coordination, strength and circulation!

- Specially shaped knobs in two different thicknesses on the standing surface increase the body’s perceptive ability
- For foot-massage, e.g. for varicose vein relief exercises
- Also suitable to exercise pelvic floor
- Can also be used as active, dynamic sitting aid
- With needle-valve for individual pressure regulation
- Ø ~ 34 cm

Larger knobs on the bottom side increase the body’s perceptive ability and stimulate the foot reflex zone.

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>162.030</td>
<td>SISSEL® Balancefit, red</td>
</tr>
<tr>
<td>162.031</td>
<td>SISSEL® Balancefit, blue</td>
</tr>
</tbody>
</table>

SISSEL® Spiky Dome

Find your balance and have a fun workout!

- For better coordination and balance
- To increase physical perception and mobility
- Suitable for all ages
- Blissful foot massage, relaxing due to nub pattern
- One solid piece
- Pressure individually adjustable
- Ø ~ 16 cm
- Set of 2 with one red and one blue SISSEL® Spiky Dome

Set of 2

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>161.040</td>
<td>SISSEL® Spiky Dome, set of 2: 1 red, 1 blue</td>
</tr>
</tbody>
</table>
Kinesiology Taping

Kinesiology taping provides a natural and gentle treatment for many complaints, e.g. neck and back pain. Taping improves the movement of joints and muscles. The elastic and mechanic features of the tape stimulate receptors in the skin which activate movement control and healing.

Use:

- Fitness, professional and general sport
- Prevention, therapy, regeneration
- Muscle aches and sport injuries
- Pediatrics and occupational healthcare
- Aids lymphatic drainage

SISSEL® Kinesiology Tape

For application in therapy and sports!

- For use in sports and for short-term corrections of motion sequence
- 96% Cotton, 4% lycra, with skin-friendly acrylic glue
- Breathable, water resistant
- Comfortable and skin-friendly
- Size: ~ 5 cm x 5 m
- Each roll individually packed

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>162.202</td>
<td>SISSEL® Kinesiology Tape, 5 cm x 5 m, pink</td>
</tr>
<tr>
<td>162.201</td>
<td>SISSEL® Kinesiology Tape, 5 cm x 5 m, blue</td>
</tr>
<tr>
<td>162.200</td>
<td>SISSEL® Kinesiology Tape, 5 cm x 5 m, natural-colored</td>
</tr>
<tr>
<td>162.203</td>
<td>SISSEL® Kinesiology Tape, 5 cm x 5 m, black</td>
</tr>
</tbody>
</table>
**SISSEL® Press-Balls and SISSEL® Press-Eggs**

Work your hands and forearms!

- Permits a specific training of musculature and improves the mobility of hand and forearm
- Works all muscles in your hand and fingers
- Sissee® press-ball – especially suitable for finger therapy
- Sissee® press-egg – ideal for hand rehabilitation
- Available in 4 different resistances
- Comes with exercise booklet

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>162.005</td>
<td>Sissee® Press-ball, soft</td>
</tr>
<tr>
<td>162.006</td>
<td>Sissee® Press-ball, medium</td>
</tr>
<tr>
<td>162.007</td>
<td>Sissee® Press-ball, strong</td>
</tr>
<tr>
<td>162.011</td>
<td>Sissee® Press-egg, soft</td>
</tr>
<tr>
<td>162.012</td>
<td>Sissee® Press-egg, medium</td>
</tr>
<tr>
<td>162.013</td>
<td>Sissee® Press-egg, strong</td>
</tr>
<tr>
<td>162.014</td>
<td>Sissee® Press-egg, x-strong</td>
</tr>
</tbody>
</table>

**SISSEL® Hand Grip**

Designed to build up musculature in rehabilitation and sport therapy!

- Designed for individually adjustable muscle build-up
- Improves the mobility of fingers
- Continuously adjustable
- Anti-slip grip
- Available in 2 different variations:
  - Therapy (orange): ~ 2-15 kg and
  - Sport (blue): ~ 5-20 kg

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>162.100</td>
<td>Sissee® Hand Grip Sport, blue</td>
</tr>
<tr>
<td>162.101</td>
<td>Sissee® Hand Grip Therapy, orange</td>
</tr>
</tbody>
</table>
PILATES MATWORK – Pilates Training on a Mat

A perfect harmony of body, mind and soul, a toned, attractive body, strength and mental power combined in a unique exercise system – that’s Pilates. Practiced by many celebrities, stars and dancers for years, Pilates has entered the fitness mainstream.

A growing number of fitness- and health-conscious people are fascinated by the unique whole body training. And for a very good reason. Joseph Pilates, founder of the legendary Pilates method (born, 1883 in Mönchengladbach, died, 1967 in New York), himself predicted:

„After 10 sessions you’ll notice a difference, after 20 others will notice, after 30 you’ll have a whole new body.”

The secret of the method is its holistic approach with multiple positive effects on body and mind: Pilates perfectly tones and shapes the body. It improves flexibility, strength, endurance and mental balance. The pay for the effort is a completely new way your body looks, feels and performs everyone is thrilled of – no matter what age.

Pilates matwork, formerly called the „divine discipline“ by Joseph Pilates, is the most well-known facet of Pilates training. He developed countless gentle yet extremely effective exercises, which can be practiced on a mat without accessories. In addition, depending on the level of difficulty desired, small props such as Pilates bands, balls, rollers etc. can be used to modify and intensify the exercises. Pilates matwork can be easily practiced at home. For that purpose, special Pilates DVDs are available, which offer a vast exercise program making the workout versatile and challenging. In addition, many gyms and physiotherapy practices have integrated the method and offer Pilates matwork as personal training or group classes.

For more information about Pilates training and products please ask for our latest SISSEL® Pilates catalog or visit our website www.sissel.com.

Get your free sample now!
**SISSEL® Pilates Circle**

*Great variety of exercises for core and leg strength!*
- Resistance training ring
- Embedded metal ring with padding on both sides
- Soft and comfortable due to anti-slip coating
- Ø ~ 38 cm

**Item Number** | **Description**
--- | ---
310.020 | SISSEL Pilates Circle, incl. exercise poster

**Attractive sales tool available!**

**SISSEL® Floor Display**

*For value presentation of your SISSEL® products. Each display set contains.*
- 1 Corpus, 3 shelves, 2 top boards duplex printed with different motifs (sleeping/sitting, fitness/general motif)
- Plastic palette
- Transport box
- Size: ~ 55 x 38 x 180 cm

You can find more information about the SISSEL® marketing tools in the brochure "Professional Presentation". Ask for your free copy now!
**SISSEL® Pilates Toning Ball**

A perfect addition to your Pilates mat program!
- Exercises arms, shoulders and upper body
- Toning balls can be easily integrated into many more Pilates exercises
- Available in 2 weights: ~ 450 and 900 g, set of 2
- Size: ø ~ 9 cm

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>310.037</td>
<td>SISSEL® Pilates Toning Ball, ~ 450 g, set of 2, blue</td>
</tr>
<tr>
<td>310.038</td>
<td>SISSEL® Pilates Toning Ball, ~ 900 g, set of 2, blue</td>
</tr>
</tbody>
</table>

Product brochure “Yoga & Pilates” available.
You can find more information about the SISSEL® marketing tools in the brochure “Professional Presentation”. Ask for your free copy now!

---

**SISSEL® Pilates Soft Ball**

Supports deep relaxation!
- For muscle build-up
- Very suitable for spinal column and abdominal muscle exercises
- Available in 2 sizes: ø ~ 22 cm, ø ~ 26 cm
- Handles weights up to ~ 155 kg
- Includes exercise manual

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>310.030</td>
<td>SISSEL® Pilates Soft Ball, ø ~ 22 cm, blue</td>
</tr>
<tr>
<td>310.031</td>
<td>SISSEL® Pilates Soft Ball, ø ~ 26 cm, blue</td>
</tr>
</tbody>
</table>
**SISSEL® Pilates Core Trainer**

The all-round tool for an effective core workout!
- Use to strengthen back, arm and leg musculature
- For a targeted shaping of individual problem zones
- Suitable for fitness, aerobics and therapy
- With four loops for simultaneous training of arms and legs
- With high-quality hygienic handles for a safe grip and easy handling
- Medium strength for effective resistance training
- Material: multiple layer latex

**Item Number** | Description
--- | ---
310.121 | SISSEL® Pilates Core Trainer, lime green

---

**SISSEL® Pilates Socks**

The toe socks for correct exercising!
- Improve tactile perception
- Rubberized, anti-slip bottom
- 2 Sizes: s/m (36-40), l-xl (41-45)
- Washable at 30°C

**SISSEL® Pilates Socks – cotton**
- Material: 85% cotton, 13% polyester and 2% Spandex
- Color: black

**SISSEL® Pilates Socks – viscose**
- Hygienic, deodorizing and sweat-absorbent
- With thermal regulating effect: warm and comfortable in cold weather; breathable and cool in hot weather
- Optimal moisture balance – absorb sweat and keep feet comfortably dry
- Material: 70% viscose fibers, 25% polyester, 5% Spandex
- Colors: fuchsia and sky blue

**Item Number** | Description
--- | ---
310.060 | SISSEL® Pilates Socks - cotton, l-xl (41-45), black
310.070 | SISSEL® Pilates Socks - cotton, s/m (36-40), black
310.061 | SISSEL® Pilates Socks - viscose, l-xl (41-45), fuchsia
310.071 | SISSEL® Pilates Socks - viscose, s/m (36-40), fuchsia
310.062 | SISSEL® Pilates Socks - viscose, l-xl (41-45), sky blue
310.073 | SISSEL® Pilates Socks - viscose, s/m (36-40), sky blue
**SISSEL® Pilates Roller Pro**

The sturdy roller made from synthetic rubber!
- Suitable for beginning and advanced Pilates exercises
- Broadens your Pilates exercise options
- More rugged than the SISSEL® Pilates roller – ideal for professional exercise classes in studio or gym
- Size: ø ~ 15 cm, length ~ 90 and 100 cm
- Material: EVA*

**SISSEL® Pilates Roller Pro Soft**

The “soft” roller!
- The softer mix of material immediately responds to pressure, making it more comfortable and stable while resting on it (perfect for the Pilates beginner)
- Suitable for beginning and advanced users
- Adds many options to your Pilates exercises
- Size: ø ~ 15 cm, length ~ 90 cm
- Including exercise poster
- Material: EVA*
**SISSEL® Pilates Roller Head Align Dynamic**

Reliable neck-support for Pilates exercises!
- Practical tool for Pilates mat and roller exercises
- Prevents over-extension of cervical spine
- For optimal body alignment
- Rounded shape for dynamic positioning
- Keeps head in an anatomically correct position
- Usable facing up or down
- Material: EVA®
- Fits any standard Pilates Roller (Ø ~ 15 cm)

**SISSEL® Pilates Roller Pro Anatomic**

Perfect body alignment for roller exercises!
- Designed for an effective and goal-oriented core workout
- Use to strengthen abdominal muscles
- Supports and stabilizes the spine and intervertebral discs
- The elliptical shape guides the spine into a naturally relaxed position
- Takes the strain of neck and head musculature
- Material: EVA®
- Size: ~ 95 x 15 x 15 cm
**SISSEL® Spiky Twin Roller**

For an effective but simple body massage!
- Use to reduce muscle tensions and general tension
- Perfectly suited for the massage of the long muscles alongside the spinal column
- Supports circulation and stimulates metabolism
- Improves blood and lymphatic circulation
- Also suitable for reflexology
- Supports cellulite reduction
- Made for long term use

---

**SISSEL® Spiky-Ball**

Fast and easy massage anytime – anywhere!
- Massages muscle tensions
- Supports blood circulation
- Specially suited for massage of the foot reflex zone
- One-piece design, with valve
- Made for years of use
- Economic set of two

---

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>162.052</td>
<td>SISSEL® Spiky Twin Roller, blue</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>161.008</td>
<td>SISSEL® Spiky Ball, yellow (Ø ~ 8 cm), set of two</td>
</tr>
<tr>
<td>161.009</td>
<td>SISSEL® Spiky Ball, red (Ø ~ 9 cm), set of two</td>
</tr>
<tr>
<td>161.010</td>
<td>SISSEL® Spiky Ball, blue (Ø ~ 10 cm), set of two</td>
</tr>
</tbody>
</table>
**SISSEL® Acupressur Mat**

Blissful relief for aching and tense muscles!
- Relieving and relaxing when suffering from neck, shoulder and back complaints
- Use to treat tense and sore muscles
- Enhances blood circulation, stimulating
- For general relaxation and stress reduction
- Also suitable to treat sleep disorders and other complaints
- User-adjustable in effect and size
- Easy set up
- Size: ~ 40 x 60 cm, two-part,
  height of spikes: ~ 1.5 Cm
- Material: hygienic, recyclable TPE, washable, disinf ectable

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>161.051</td>
<td>SISSEL® two-part Acupressur Mat, blue</td>
</tr>
</tbody>
</table>

Customer brochure “SISSEL® Acupressur Mat” available.

You can find more information about the SISSEL® marketing tools in the brochure “Professional Presentation”. Ask for your free copy now!
PORTABLE PRODUCT LINE

MASSAGE AND RELAXATION TO GO
**SISSEL® Portable Massage Table Basic and Robust**

The professional tables for a wide range of applications!

- Extremely Soft And Pleasant Cushioning For Maximum Comfort
- Higher Frame Provides More Leg-Space For The User
- Cushioning With Rounded Edges Made From 2-Layered, High Density special Foam For Longer Durability
- Skin-Friendly Pu Cover
- Height-Adjustable With Double Lock
- Light-Weight And Easy Set Up – Even In Confined Spaces
- Easy To Transport Due To Low Weight
- Simple Storage
- Carry Bag Included

**Siszel® Basic Portable Massage Table**

- Size: ~186 x 62 cm, 59 – 86 cm high, ~ 13.5 Kg (without bag)
- ~ 9.5 cm cushioning
- Maximum load dynamic: ~ 220 kg
- Two openings at the front for retrofit headrest set
- Optional: headrest set consisting of armrest and headrest with facial pad

**SISSEL® Robust Portable Massage Table**

- Size: ~186 x 71 cm (incl. Headrest ~ 212 cm), ~ 59 – 86 cm high, ~ 16 kg (without bag)
- ~ 9.5 cm cushioning
- Maximum load dynamic: ~ 250 kg
- Armrest and adjustable headrest with facial pad included

---

**Item Number** | **Description**
---|---
300.100 | SISSEL® Basic Portable Massage Table, blue, incl. carry bag
300.200 | SISSEL® Robust Portable Massage Table, blue, incl. carry bag